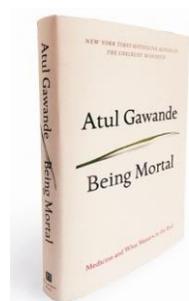




The Village Co-sponsors a Series of Discussions on *Being Mortal*, a Book by Atul Gawande

Mount Pleasant Village, All Souls Church, and Unitarian Silver Souls are jointly sponsoring



three seminars on confronting the medical experience of decline and mortality. Sixty people attended the first interactive seminar, **“Setting the Scene with *Being Mortal*,”** which was

facilitated by Village Board members Mary Rojas and Bonnie Cain November 1st. The discussion centered on making the choices that help us define ourselves in life’s end stages, and how families, friends, faith and community support can support us in our wishes.

The 2nd and 3rd sessions, will be held in the Eaton Room at All Souls Church, 16th and Harvard Streets, at 1:00 pm on Sundays, November 8 and 15. **“Palliative Care as an Option”** is the topic for the November 8 session, led by Debra Rubenstein. At all ages

and stages of life, we have the power to choose how we want to be cared for and what our quality of life will be as we face medical decisions. Palliative care may not always be a choice related to imminent death, but it is always a choice related to how we want to live.

On November 15, the third session, **“Talking with Family and Friends,”** will be facilitated by Elizabeth Fox. Participants will learn concrete ideas for approaching end-of-life conversations with our families, friends and caretakers. They will hold mini practice sessions, focusing on how, what and why to communicate their wishes and how to get them in writing. A checklist of essential and useful documents will be provided.

Upcoming Events

Seminars on *Being Mortal* by Atul Gawande
The medical experience of decline and mortality
 Sundays, 1:00 pm, All Souls Church, Eaton Room

2. Palliative Care as an Option
 Sunday, November 8

3. Talking with Family and Friends
 Sunday, November 15

Lunch and National Portrait Gallery Tour
 Tuesday, November 10, 12:00 pm

Villagers at ANC Meeting
 Tuesday, November 17, 7:00 pm, Library

Urban Farming Interest Group
 Monday, November 23, 7:00 pm, Library

***Avenue Q*, (Sold Out)**
 Saturday, November 21, 1:00 pm

Village Regulars

Walk with the Walking Group
 Meet M-W-F, 8:30 am, Lamont Park
 Meet Tu-Th, 9:00 am, 19th & Lamont Sts.

Coffee at Dos Gringos
 Thursdays 9:30—11:00 am

Happy Hour and Game Night, Tuesdays, 5-7 at Marx Café
 Tuesdays, November 3 and 17

at Habit Café
 Tuesdays, November 10 and 24

Meet the Villagers: The Mount Pleasant Village Board

The Mount Pleasant Village Board, 12 neighbors elected in March 2015 to establish, legitimize, build up and publicize the Village, share many traits. These include an enduring dedication to the Mount Pleasant community; a generous spirit of activism; helpfulness and concern for our neighbors; and an interest in preserving the things that make Mount Pleasant a great place to live. Most have lived in Mount Pleasant for two or three decades; one has been here more than 50 years. They built their professional lives and raised their children here, through the 1991 riots and the ups and downs at the turn of the



Village Board's Values

21st century. They held responsible positions in government, NGOs, non-profits, and academia; some worked for themselves. Most are now retired. They renovated 100-year-old houses, planted and nurtured trees and flowering shrubs and gardens. They led Historic Mount Pleasant, Mount Pleasant Main Street, and other organizations whose mission is to preserve and enhance the neighborhood. And they obtained funding to clean up Lamont Park and install brick sidewalks, historic plaques and call-station dioramas. Read more in upcoming newsletters.

Katie Tyler, President
Bonnie Cain, VP, Events
Brenda Krieger, VP, Membership
Rebecca Shannon, Treasurer
Mary Rojas, Secretary
Rob Fleming
Elinor Hart
Sharon Hart
Bob "Hoff" Hoffman
Linda Low
Darlene Meskell
Susan Rees

Partnerships and Opportunities

Bancroft Elementary School Seeks Volunteers to Help Students Learn to Read

Bancroft School PTO and [Reading Partners](#), a national tutoring organization, seek volunteer tutors for an hour a week to help children, one-on-one, learn to read. While almost 30 volunteers currently donate their time to the program, there is an urgent need for 20 more. Tutors are needed each day Monday - Thursday, to work with students in two timeslots: 3:40-4:25 pm and 4:30-5:15 pm. To sign up, [attend a training/orientation at Bancroft on Thursday, November 19 from 4-5 pm or Saturday, November 21 from 11 am - 12 pm.](#) For information and to RSVP, contact Naomi Shachter at (443) 794-2225 or naomi.shachter@readingpartners.org. Or contact Village Board member Bob Hoffman: hoffharmonica@gmail.com.

Iona Senior Services to Advise the Village

Mount Pleasant Village has entered a partnership with Iona Senior Services, a 40-year-old DC-funded nonprofit that provides advocacy, education and direct services to DC seniors. Under a partnership agreement with the Village Board, we will receive consultation and some discounted services, and gain access to Iona's experience addressing the physical and psycho-social needs of seniors, case management and support groups for villages across the District.

Other Village Highlights:

Hanging Out on Mt. Pleasant Street



Mount Pleasant Village Happy Hour and Game Nights are held on alternate Tuesdays from 5-7 pm at Marx Café and Habit Café. Here, at Habit on October 28, Barbara Case (l) and her out-of-town guest catch up while waiting to draw Scrabble tiles. Marianna Ohe and John Stewart (r) discuss the recent *Washington Post* [Fall Dining Guide](#), which cited Purple Patch (parent of Habit Café) among

the best new restaurants in DC. Anyone for Bridge? Drop by any Tuesday if you're interested.

Nov. 23, 7–9 pm Village Urban Farming Interest Group to Meet

The Village's Urban Farming Interest Group will explore the joys of growing, tending and harvesting our own fruits and vegetables here in the city. Interested Villagers are encouraged to attend the inaugural meeting November 23, 7:00-9:00 pm, in the Library. Contact jcarhart@jcarhartarch.com if you are interested but cannot attend.

Nov. 10, 12:00 pm Lunch and National Portrait Gallery Tour (Members Only)



Bring your lunch and join Villagers at noon in the atrium of the National Portrait Gallery, 8th and F Streets NW. David Alfurth has arranged for a one-hour docent-led tour of the Portrait Gallery highlights for members only to follow at 1:00 pm.

Nov. 17, 7:00 pm Village Testifies at Advisory Neighborhood Commission



Village President Katie Tyler and Board members will testify at the November meeting of ANC 1D at the Mount Pleasant Library. The Village is petitioning the ANC for funding to support Village services to its members. Members are urged to attend and demonstrate support.

Nov 21, 1:00 pm SOLD OUT: Avenue Q at Constellation Theater



Constellation Theater, 1835 14th St. NW, has **sold out** all performances of *Avenue Q*, including the "Mount Pleasant Day" performance on Saturday, November 21 at 1 pm.

News You Can Use:

Nov 12, 10 am



Housing Rehabilitation Workshop

University Legal Services Housing Counseling Program will hold a workshop funded by the DC Department of Housing and Community Development to inform residents about the [Single Family Residential Rehabilitation Program](#). The workshop will be held at 3939 Benning Rd, NE. Contact: 202-650-5631 for information.

Nov 23, 11-2

Thanksgiving Senior Luncheon: Sign up by November 10

Ward 1 Councilmember Brianne K. Nadeau invites seniors in the ward to a Thanksgiving luncheon on Monday, November 23, 11:00 am to 2:00 pm at the Masonic Temple, 1000 U St NW. The holiday event includes a thanksgiving meal and music performed by community groups. Transportation will be provided. If interested, contact Claudia Barahona, cbarahona@dccouncil.us, by Tuesday, Nov 10, at 5:00 pm.

JOIN MOUNT PLEASANT VILLAGE

Individual Introductory Membership Fee: \$50 annually. For information, contact Brenda Krieger at mpvillagemembership@gmail.com.

Donor: Make a tax-deductible donation to ensure the vitality of our Village. Send a check to Mount Pleasant Village at 1735 Lamont St. NW, Washington DC 20010.

Contact us. If you have questions or comments or news to share, contact dmeskell@gmail.com.