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Mount Pleasant Village Newsletter

Volume 6, Issue 6 - November 2020

www.mountpleasantvillage.org

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Reliable Sources for COVID-19 Information

The following are valuable resources for information on the COVID-19 pandemic:

- [Centers for Disease Control](#)
- [National Institutes of Health \(NIH\)](#)
- [District Government](#)

To Request Assistance

The Village/Neighbors Helping Neighbors initiative provides volunteers to help with shopping, pharmacy pick-ups, and other tasks, as well as masks and food aid. To request assistance, call **202-573-7548** (please leave a voice message) or email request@anc-volunteering.org.

Mount Pleasant Village Board Election

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Governance Committee Co-chairs Rebecca Shannon and Judy Byron 2020

This year the final founding Board members of the Village (Katie Tyler, Rob Fleming, Rebecca Shannon) along with Judy Byron are rotating off the Board and a talented, accomplished slate of neighbors has accepted nomination. We have nine open board positions and nine nominees. This newsletter is all about the candidates and the voting process.

The Governance Committee (co-chaired by Judy and Rebecca) selected these candidates by asking the Village membership for recommendations via Village newsletters (March-May). We received 20 recommendations and contacted each regarding his or her interest. Eleven individuals expressed interest in learning more. Again, we interviewed each, and eight expressed enthusiasm. We present the final slate here which includes Larry Rickards who is running for his third (and last) term.

As the pandemic has affected many aspects of our lives, so does it affect the way we vote for the Board members and hold the annual meeting this year. **Voting will be done online.**

Voting results will be announced at our ZOOM annual meeting.

- 1) **Read below about the exciting set of candidates**
- 2) [Click here](#) to vote online
- 3) **Submit your ballot by November 20**
- 4) **Call or email Judy Byron if you have any problem with voting online: 202-422-2307 or judyb1910@gmail.com**

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The Candidates

Alice Kelly



Alice Kelly moved to Mount Pleasant in 1983 having lived in the District all of her adult life. She has lived in 3 of the 4 quadrants and 4 of the 8 Wards. She and her husband Blair Heywood raised two sons in MtP and are now the proud grandparents of 3 young Takoma DC residents.

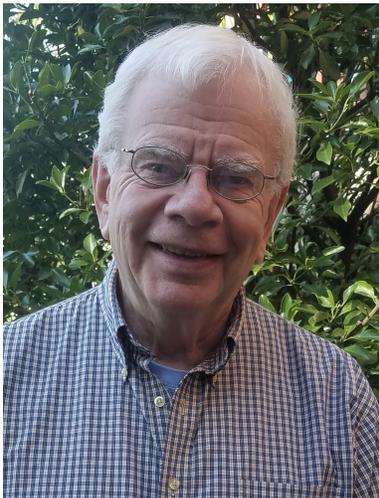
Alice has long been involved in the Mount Pleasant community. She served multiple terms on the Mount Pleasant Main Street Board, as well as Historic Mount Pleasant Board and currently serves on the Rosemount Center Board. She was also elected three times to serve on the Mount Pleasant Advisory Neighborhood Commission and elected to serve as the Parent Representative and Chair of the John Eaton Local

Alice obtained a BA, Sociology, from Mary Washington College (now University) and a Masters in Public Policy from George Washington University.

Although her original professional focus was on national human services policies, in her last full-time paid professional position Alice headed up the Office of Policy and Legislative Affairs for the District Department of Transportation (DDOT). In this capacity she was instrumental in launching the first bike share program in the United States, and supporting the launch of the Vision Zero program and other critical DDOT sustainability and livability policies. During her almost 15 year tenure at DDOT she was actively involved in the snow program - including several years driving a snow plow - and also worked within the Urban Forestry Administration.

Becoming a member of the village is simply a continuation of involvement in the Mount Pleasant community for Alice. It takes a village to raise children, it takes a village to support families, and it takes a village to support seniors who choose to age in place. Being a part of the Mount Pleasant Village is a chance to work the full circle of life in a community.

David Arnold



David Arnold came to Mount Pleasant in 1992 from two years working in Kenya. He and Courtney discovered the tree-lined row houses on 19th Street and fell in love with the neighborhood. For 15 years he edited a national magazine about the underserved regions of the world for the National Peace Corps Association. For eight years he supervised 20 Ethiopian journalists producing daily shortwave news

As the Arnolds ended full-time careers they discovered this community's lively, liveable and diverse neighborhood. Courtney joined the Village four years ago. David joined soon after, participated in workshops on medical note-taking and other services, and joined a Village cluster. He was a Bancroft School crossing guard until the pandemic began and now helps unload food aid each week. As a Mount Pleasant Village board member, David would explore the potential to provide a broader range of services to the entire community and expand its appeal to a wider range of residents.

David grew up in a St. Louis suburb and attended Washington University and the University of Missouri, where he earned a Master's degree in journalism. David and Courtney taught in public schools in Ethiopia as Peace Corps volunteers. David worked as a newspaper reporter and magazine editor. He taught as an adjunct faculty at two Oregon universities and at the University of the Punjab in Lahore, Pakistan. Before settling in Mt. Pleasant, David received a Fulbright scholarship and a Ford Foundation grant to establish a public relations department for the National Museums of Kenya.

Their children, Chapin and Tim, live in the metropolitan area and the Arnolds enjoy dinners, holidays and vacations with them and their four grandchildren. David's other personal interests are singing in the choir at All Souls Unitarian, drawing, writing, and conducting research on Ethiopia.

Jill Eden



trenches in NYC's public hospitals and other health care systems. During her 17 years at the Institute of Medicine (part of the National Academies of Sciences, Engineering, and Medicine), Jill directed studies on a broad range of health policy issues including the geriatric mental health/substance abuse workforce, family caregiving of older adults, women's reproductive health care, graduate medical education, comparative effectiveness research, the uninsured, and access to care. Originally from a small town on the south shore of Long Island, Jill went to Barnard College and earned MPH and MBA degrees from Columbia University. After retiring, Jill joined the Village in 2019 sparked by her past research on aging issues and also with inspiration from her daughter who is a geriatric social worker. She helped develop the Village's cluster initiative and continues to coordinate cluster activities. Jill is especially passionate about family, friends, music, and nature.

Jesse Bump



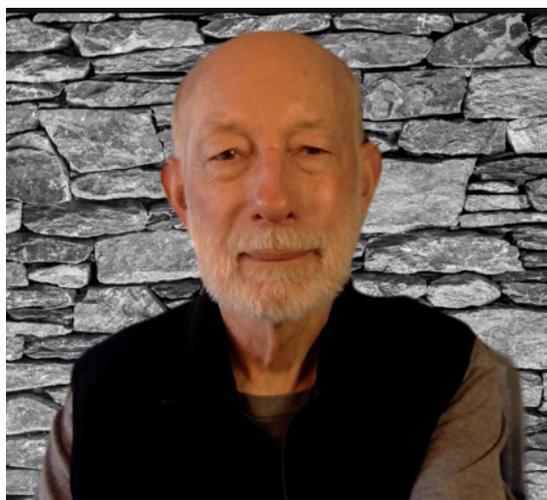
Jesse Bump's affection for Mount Pleasant dates to 1997 when Rock Creek and the diverse, seedy streets drew him into a basement apartment on the 18th and Lamont corner. Following years in Italy and Boston, he and his family returned to the neighborhood in 2012. He has been a member of The Village since 2017.

Jesse is the Executive Director of the Takemi Program in International Health and Lecturer on Global Health Policy in the Department of Global Health and Population at the Harvard T.H. Chan School of Public Health, and a Member of the Bergen Center for Ethics and Priority Setting at the University of Bergen. He holds an AB in Astronomy and History from Amherst College, a PhD in the History of Science,

and institutions that promote better societal performance in health. His work has focused on the special opportunities to build health systems and advance social protections during and after widespread disruption by infectious disease epidemics, colonial extraction, conflict, industrialization, globalization, and other processes.

Jesse grew up on a farm in Vermont and still enjoys outdoor activities, including hiking, biking, and studying the natural environment and its inhabitants. His wife Burcu, also a Village member, is an economist at the Federal Reserve. Their two children are students at Bancroft. Jesse hopes that as a board member of The Village he will be able to advance efforts to promote diversity in the community and improve mechanisms for sharing resources.

Lawrence Rickards



A resident of Mount Pleasant since 1983. Ph.D. in counseling from the University of Maryland. Forty years of experience in health and primary care, mental health and co-occurring disorders, aging and adult services, policy and legislative affairs, and government service. Ten years in federal aging policy and 15 years with the U.S. Department of Health and Human Service's Substance Abuse and Mental Health Services Administration overseeing programs for persons experiencing homelessness and those with co-occurring mental illnesses and substance use disorders. Former Chair of the Coalition on Mental Health and Aging. Active member of the Diversity Committee. Coordinates volunteers for the Neighbors Helping Neighbors food assistance program at Bancroft Elementary School.

Leo Sanchez



Leo M. Sanchez fell in love with the prospect of living in Mount Pleasant when he realized he could live in the city without the feel of being in the middle of it. When his realtor showed him the back deck of his home, he looked at the view and thought, “I could *die* here!” That was in December of 1996. The vista overlooks Rock Creek Park and the backs of the homes on Park Road. One can hear the zoo animals, glimpse the National Cathedral and in the distance, Rosslyn. Aside from the view, he was attracted by the economic diversity of people and Mt. Pleasant’s historic connection to the city’s Latino population.

He’s been a member of the Village for the last 2 or 3 years, initially taking advantage of the discounts offered at Past Tense Yoga for seniors on Tuesdays. His interest in the neighborhood evolved when about a year and a half ago, he became a *Cluster Coordinator*. The “Clusters” are a specific effort by the Village leadership to reach out to “inactive” neighbors to keep them informed and respond to any questions about the Village and its mission and programs. His involvement was just getting started when the Covid-19 pandemic hit. Sanchez is also involved with the Neighbors Helping Neighbors efforts, specifically with the Food Delivery Programs. He also supports the Mt. Pleasant Farmer’s Market nearly every Saturday morning.

Sanchez is an avid swimmer and a certified Master Gardener. He volunteers to help in the gardens of the Hillwood Estate Museum and Gardens. He also serves as a garden docent there. Sanchez is also a literacy tutor through the AARP Experience Corps and has a grandson (6 years old) who lives in Austin, Texas with his only daughter. He enjoys gathering a diverse, eclectic group of people for lively conversation and delicious food on his back deck. Sanchez is a two-time cancer

Sanchez retired from Federal Service in 2016. Though he began his career as a Civilian Intelligence Officer for the Department of Air Force, which brought him to DC, he spent most of his Federal career at the U. S. Small Business Administration (SBA). There, he helped small businesses trying to do business with the government break into that market. He was a Latino Economic Development Corporation Board Member for several years during the mid-1990s. He helped the Corporation become a bona fide micro-lender of the SBA.

Sanchez hopes to help figure out practical ways the Village can bridge age and economic gaps in the neighborhood. He believes that meaningful strategic alliances can help folks who want to age in place as long as possible, as well as those who are younger and love the neighborhood as much as we did, “Once upon a time...”

Martha Sipple



Martha Sipple moved to Mount Pleasant in 1982. While attending grad school and working at American University, she lived in houses and apartments scattered throughout the neighborhood, on Park, Ingleside, Lamont, and Irving. In 1987, she moved to 1820 Clydesdale where she was happy to join in a cooperative building and served on the Coop Board for about a decade. Martha joined the Village 2019. As a member of the Diversity Committee she values participating in and developing programs that foster social inclusion and is a founding member of the Waste Management Interest Group that seeks to make Mount Pleasant a model community for waste management.

Martha is a communications strategist in international development focused on poverty alleviation. Her work has taken her to remote areas of Afghanistan,

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public affairs, producing publications and multimedia products, branding, leading education programs, and training staff and volunteers. She worked with hundreds of volunteers across the U.S. to implement educational and fundraising campaigns. Martha is trained in dialogue education that empowers participants to be active in their own learning experience. She directed training for a community-based media arts center for at-risk youth in DC. Her award-winning film depicted the 1991 Mount Pleasant disturbances. She has master's degrees in Education and International Development from American University and a bachelor's in Diplomacy & Foreign Affairs, Miami University in Oxford, Ohio.

Michelle Hannahs



Michelle Hannahs has lived in Mount Pleasant since 1991, and first moved to D.C. in 1967. She loves the diversity of Mount Pleasant and enjoys patronizing neighborhood businesses, especially those hosting live musical performances. She joined the Village in 2018, and now serves as a Cluster Coordinator. Michelle served many years on the Board of Directors of CARECEN (Central American Resource Center). During her service with CARECEN, she traveled to El Salvador twice to be an election observer. Her hobbies include social dancing, attending musical performances, visiting antique shows and shops, and sewing. Michelle was born in Queens, NY. She lived in New York, Pennsylvania, and Delaware until starting college at Howard University. Her last paid job before her retirement was Vice President, Finance and Administration, Association of American Colleges & Universities, Washington, DC. She was responsible for financial management, personnel administration, membership, and information technology at the Association. Prior to joining the Association, Michelle was Director of

She also served as Director of Fiscal and Auxiliary Services at Northern Virginia Community College, and held other financial and administrative management positions in both private and public organizations. Michelle has an M.B.A. from George Washington University and an M.A. from State University of New York at Albany.

Michelle hopes that as a Mount Pleasant Village board member she can work toward expanding the membership and involving more of our members as facilitators of activities such as lectures and field trips.

Tess Almosch



Tess Amolsch has been a Mt. Pleasant resident since 2002. She and her husband Christian (a commercial Architect) closed on their first house in Mt. Pleasant the day they got back from their honeymoon. They lived in their first house at 19th Street and Newtown for 8 years, which included a growing family: a daughter and boy girl twins (all now attending Deal Middle School.)

In 2010, before the twins were born, knowing they would need more space, Tess and her husband thought about leaving Mt. Pleasant to head to another neighborhood in the city or to the suburbs. But after much consideration, they knew they couldn't leave the neighborhood they grew to love. Tess and her husband decided it was important to raise their children in Mt. Pleasant because of the diversity, lively arts/music culture, and neighbors' general care and concern for one another. So they moved only a few short blocks away to Park and 18th.

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moved to DC to pursue an MBA at Johns Hopkins Carey Business School and worked in non-profit management. After receiving her MBA, Tess moved over to the corporate world where she has worked in business operations for the past 20 years. In her free time (which she rarely has lately due to helping 3 middle-schoolers navigate distance learning) Tess enjoys gardening, attending Bare3 classes, anything creative, spending time at the beach and enjoying dinner with friends.

Tess attended Mt. Pleasant Village volunteer training back in 2016. Currently she is helping to support the Mt. Pleasant Village and ANC joint partnership “Neighbors Helping Neighbors” to help residents in need during the Covid-19 pandemic.

As part of the Mt. Pleasant Village Board, Tess hopes to help with diversifying the member base and bring lessons learned from her work with “Neighbors Helping Neighbors” to the Village.

JOIN MOUNT PLEASANT VILLAGE!

Membership Fee: \$50 annually per individual. For more information, contact Michael Burke at membership@mountpleasantvillage.org.

Donate: Make a tax-deductible donation by sending a check to Mount Pleasant Village at 1735 Lamont Street NW, Washington, DC 20010 or clicking the “Donate Now” button on our home page (mountpleasantvillage.org).

The newsletter is a cooperative effort! If you have questions, comments, or news to share, contact: info@mountpleasantvillage.org



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